

Coffee

Espresso Tradition 12oz

Caffé Latte
Cappuccino
Caffé Americano
Espresso
Espresso Macchiato
Add On ~ Espresso Shot



Beverages

Fresh Orange Juice 33cl
Juice ~ Orange, Pineapple, Apple
Red Bull Energy Drink 25cl
Coconut Water ~ Vita Coco
Water ~ Aquafina, 60cl
San Benedetto, 50cl (Still / Sparkling)
Fiji Water 50cl
Sunblast ~ Recharge / Rehydrate

Carbonated Beverages

Pepsi / Pepsi Diet / 7 Up /
7 Up Free / Mirinda

Sports Drink

Active O2
Gatorade / Pocari Sweat 50cl
Aloe Drink
(Pomegranate/ Natural)



health benefits

100% Fruit / No Preservatives /
Full of Vitamins / Naturally Sweet /
Healthy & Natural / Fresh & Delicious

smoothies

Raspberry Love

Raspberry, Blueberry, Banana

Strawberry Split

Strawberry, Banana, Papaya, Cherry

Caribbean Kiss

Melon, Strawberry, Mango, Lemon

Mango Paradise

Mango, Pineapple, Passion Fruit, Lemon

Green Machine

Spinach, Celery, Broccoli, Mango, Banana,
Pineapple

TropiColada

Banana, Pineapple, Coconut



Tea

Ronnefeldt Teas

Earl Grey, English Breakfast, Green,
Chamomile, Jasmine, Peppermint

Home ~ Made Ice Tea

Ice Tea Can



*All prices are inclusive of 10% municipality fee, 10% service charge & 5% VAT



Croissants



Muffins

Chocolate or Vanilla



Cookies 2 pcs

Chocolate Chips or Raisins & Oats



Waffles

With Banana, Maple Syrup & Chocolate Sauce



Champ Kids Combo – Fish

Batter Fried Fish, Tartar Sauce Fries Or Mashed Potatoes & Steamed Vegetable



Champ Kids Combo - Chicken

Crumb Fried Chicken, Fries Or Mashed Potatoes & Steamed Vegetable



Champ Kids Combo – Beef

Beef Slider, Fries Or Mashed Potatoes & Steamed Vegetable



Dagwood

Two Mini Beef Sliders, Tomato Lettuce, Slider Bun & Swiss Cheese

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Caesar Salad

Crispy Romaine, Parmesan Shavings, Croutons & Caesar Dressing



Harvest Salad

Rocket Lettuce, Marinated Sundried Tomato, Cherry Tomatoes, Mozzarella, Basil, Black Olives & Balsamic Dressing



Pears & Feta

Poached Pear, Feta Cheese, Mesclun, Roasted Beetroot, Pine Nuts, Sumac, Honey & Lemon Dressing



Quinoa & Mesclun Bowl

Granny Smith, Pomegranate Seeds, Sweet Potatoes & Citrus Vinaigrette



Fish-ER Salad

Tuna, Romaine Lettuce, Cherry Tomatoes, Bell Pepper, Potatoes, Capers & Ranch Dressing



Foghorn

Pulled Tandoori Chicken, Whole Meal Ciabatta, Bell Peppers, Red Onion, Tomato, Jack Cheese & Mint Mayo



Macy's Turkey

Turkey Breast Sliced, Lettuce, Cheddar Cheese & Olive Focaccia With Cranberry Mayo



Bob - Tomato

Mozzarella Cheese, Duo of Fresh & Sundried Tomato, Rocca Basil Pesto & Herb Focaccia

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Beef Burrito

Scrambled Egg, Sliced Roast Beef & Tomato Tortilla Wrap



The Gull

Buttermilk Fried Chicken, Avocado, Lettuce, Tomato, Ranch Dressing & Whole Wheat Tortilla Wrap



Tuna Wrap

Tuna, Romaine Lettuce, Feta Cheese, Onion, Gherkins, Tomato, Tzatziki Spread & Spinach Tortilla Bread



Checo

Sour Dough Bread, Plum Tomatoes, Meaty Avocado & Alfa Alfa Sprouts



The Hot Chic

Cajun Chicken Breast, Jalapenos, Tomato, Lettuce In Crusty Baguette



Sloppy Joe

Nachos With Beef Bolognese & Cheese Sauce



Egg n Bacon

Turkey Bacon On Portuguese Roll



Popeye

Mushroom, Spinach, Mozzarella Scramble on Brown Toast

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Chickaletta

Oatmeal Crusted Chicken Tenders



Veggie Tales

Poached Broccoli & Carrots



Mac & Cheese



Krypto

Beef Hot Dog



Raspberry Love

Raspberry, Blueberry, Banana



Strawberry Split

Strawberry, Banana, Papaya, Cherry



Green Machine

Spinach, Celery, Broccoli, Mango, Banana, Pineapple



TropiColada

Banana, Pineapple, Coconut

*All prices are inclusive of 10% municipality fee, 10% service charge & 5% VAT